



## Ontario government announces commitment to fund Phase II of Peel Memorial

Osler hosted The Honourable Dr. Eric Hoskins, Minister of Health and Long-Term Care along with dignitaries and hospital and community leaders at Peel Memorial Centre for Integrated Health and Wellness last month where the government announced its commitment to fund Phase II of the new outpatient hospital. The expansion will consist of over 100 new rehabilitation and complex

continuing care beds that will help support Brampton's future health care needs.

Minister Hoskins also announced funding for an additional 31 beds for Osler's Brampton Civic Hospital. These beds are in addition to the six beds at Brampton Civic and 22 beds at Osler's Etobicoke General Hospital, which were announced in October to help further support the hospital in the flu season.

## Enhanced discharge process provides greater access to care

Osler continues to look at ways of providing patients with even greater access to care while in the hospital and beyond. With a seven per cent Alternate Level of Care (ALC) rate, the lowest of all Ontario hospitals, Osler is ensuring patients are discharged and transitioned into the

community more seamlessly. The ALC rate measures the percentage of inpatient beds occupied by patients no longer requiring acute medical care. Osler continues efforts to improve its discharge process with the support of local health care partners in the community.

## DID YOU KNOW?

Osler has been recognized as one of Greater Toronto's Top Employers for 2018.

This is Osler's seventh year receiving this honour.



## Osler provides quality leading surgical care closer to home



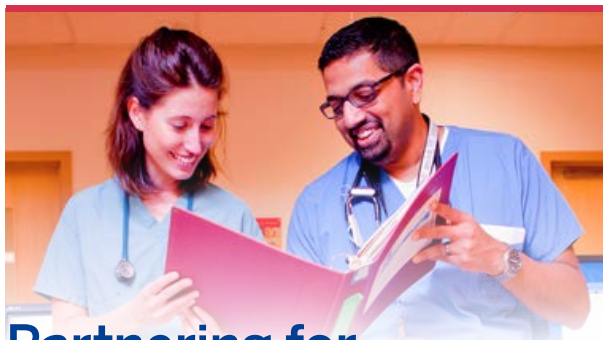
Brampton Civic Hospital and Etobicoke General Hospital surgical programs have been recognized for safety and quality by the American College of Surgeons, and ranked in the top 10 per cent among 680 hospitals across North America.

When it's not an emergency, but it can't wait, visit the Urgent Care Centre at Peel Memorial

20 Lynch Street, Brampton  
Open 8:00 a.m. – 10:00 p.m.,  
every day  
No appointment needed

Watch an informative video about when to use the Urgent Care Centre:

[www.williamoslerhs.ca](http://www.williamoslerhs.ca)



## Partnering for healthy holidays

With the holidays right around the corner, health providers in the Central West region are preparing for the growing number of people needing care at hospitals or home care in the community.

To manage this expected seasonal increase, Osler along with Central West Local Health Integration Network (LHIN) Home and Community Care, paramedic services, primary care providers and many other community partners are working together to deliver safe, quality care over the holidays. As in previous years, health providers in the region will respond collaboratively to help patients transition home safely, with LHIN support, so hospitals can discharge patients more quickly and help reduce emergency department wait times. The plan is designed to improve patient flow, and provide better access to services in the community.

## UPCOMING *Events*

**Saturday, April 7, 2018**

**2018 Holi Gala** (at 6:00 p.m.)  
Pearson Convention Center  
2638 Steeles Avenue East, Brampton

For more information, please visit  
[oslerfoundation.org](http://oslerfoundation.org)

### Stay informed about the latest news at Osler

Sign up for *Inside Osler*, the hospital's electronic newsletter.



Sign up by email today:

[publicrelations@williamoslerhs.ca](mailto:publicrelations@williamoslerhs.ca)



**Brampton Civic Hospital**  
2100 Bovaird Drive East  
Brampton, ON L6R 3J7  
(905) 494-2120

[www.williamoslerhs.ca](http://www.williamoslerhs.ca)

**Etobicoke General Hospital**  
101 Humber College Boulevard  
Etobicoke, ON M9V 1R8  
(416) 494-2120

**Peel Memorial Centre for Integrated Health and Wellness**  
20 Lynch Street  
Brampton, ON L6W 2Z8  
(905) 494-2120

Supported by:



(905) 796-0040  
[centralwestlhin.on.ca](http://centralwestlhin.on.ca)

# TIPS FOR A HEALTHY *Holiday Season*

## Go to the Emergency Department IF YOU HAVE:

- Pains or tightness in the chest, shortness of breath, severe abdominal pain
- Broken bones or wounds that may need stitches
- Sudden severe headaches, vision problems, weakness, numbness and/or tingling in the face, arm or leg, trouble speaking, or dizziness
- A child who is vomiting, has diarrhea and won't eat or drink
- A baby under six months with a fever over 37.9°C or 100°F
- Call **9-1-1** if you feel that your illness or injury is an emergency or potentially life threatening

## Go to the Peel Memorial Urgent Care Centre, your family doctor or a walk-in clinic IF YOU HAVE:

- Coughs, colds, fever, earaches, minor infections and nose and throat complaints
- Cuts, minor burns, sprains, broken bones
- Long-standing or chronic medical problems
- If you're not sure, call **Telehealth Ontario** or **1-866-797-0000**

## Stocking up on PRESCRIPTIONS!

### *Tips for you and your holiday guests:*

- Check and renew/refill your prescriptions **NOW** before your doctor's office closes for the holidays
- Find out when your doctor's office is going to be closed during the holidays and ask about on-call coverage or walk-in clinics
- If you have visitors staying for the holidays, remind them to refill their prescriptions before they leave home

Find out more about the community's health care options!

[www.centralwesthealthline.ca](http://www.centralwesthealthline.ca)

# FLU SEASON IS HERE!



Yearly flu vaccines protect against multiple strains of the virus. Get immunized to help prevent the seasonal flu and protect yourself, as well as your family and loved ones. Talk to your pharmacist, local public health office or family doctor about getting the flu shot.

To find a location near you, visit: [www.ontario.ca/page/get-flu-shot](http://www.ontario.ca/page/get-flu-shot)